

# Spa & Stay

WELLNESS PACKAGE

RETREAT EAST

## Details

Tuesday - Thursday

Minimum 2 nights stay for two people in a Studio Barn

30 minute massage per person

Complimentary access to the Retreat East spa. Includes sauna, hot-tub (24-hours) and gym

Complimentary breakfast in-barn

## Cost

£299 for 2 people

Room upgrade for £50 per night to move up to a one-bedroom Dairy Barn, or £100 per night to upgrade to a two-bedroom barn

2-course in-barn dining option for £44

Additional spa treatments available on request

## Book Today

Due to the limited number of barns we have at Retreat East we recommend that you secure your package booking as soon as you can, as availability is minimal. Experience the luxury of Retreat East for yourself and feel the benefit of relaxation and reinvigoration.

[Email Us](#)

To book, click the button above. Subject to availability, managements decision is final.  
Alternatively call the on-site team on 01449 760 480 or email [unwind@suffolk.farm](mailto:unwind@suffolk.farm).